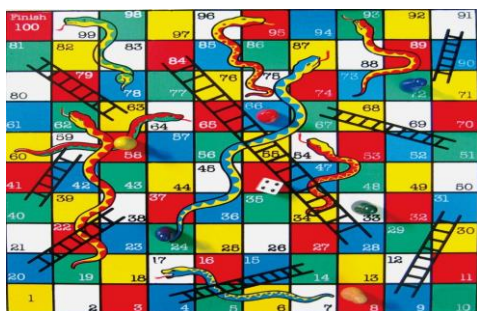


Dyslexia: Supporting your Child at Home

Playing games can be a fun and enjoyable way of learning and practising new letters, sounds and words!

Connect 4 or Snakes and Ladders spelling games



Have a list of spellings your child is learning to spell. Take it in turns to play the game as normal, but child has to spell a word dictated by adult before their go. If they get it wrong, they get one go as normal, if they get it right they get two goes. Adult always only gets one go.

Try some speaking and listening and memory games to include the whole family.



Play 'sounds around' activities:

- Clapping and rhyming games
- Nursery rhymes, silly poems, songs
- Words that rhyme
- 'I spy with my little eye' something beginning with ... (use initial sound)

Play word and memory games:

- Word association
- Guess 'what I am in 20 questions
- 'I went shopping and I bought a ...'
- Songs may also be a useful way to learn new words

When learning, remember to:

- Take regular breaks
- Do little and often
- Be kind to yourself
- Practise mindfulness



The BDA is a really useful website for parents to access for advice and support for dyslexic learners: <https://www.bdadyslexia.org.uk/advice/children>

Dyslexia Assist is a useful website with guidance written by parents and children for parents and children: <https://www.dyslexia-assist.org.uk/>

Pairs or Bingo

Make 2 sets of word cards so that you have pairs of cards with the same words on.

8-10 pairs of words is enough. Lay them out face down and take in turns to match pairs of words. If you find a pair, then you get another go.

Match a word on your bingo board and the winner is the first to cover their board!

SIGHT WORD BINGO 

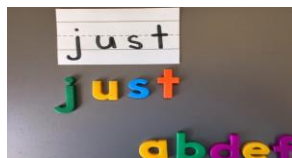
and	is	to	with	the
for	it	said	he	as
in	if	of	on	
she	this	I	was	too
all	that	he	am	they

I	it	to
I	it	to
am	go	me
am	go	me

Can be homemade or click on the following link to make and print your own:

<https://www.senteacher.org/printables/literacy/>

Quick games for revising tricky words



- Make tricky words using magnetic letters on the fridge!

- Paint tricky words using a brush dipped in water
- Rainbow writing
- Make words using playdough
- Write in flour

For the list of tricky words (first 100, next 200), click on the links below:

<https://www.highfrequencywords.org/hfw100fp.pdf>

<http://www.highfrequencywords.org/hfw200fp.pdf>