

PARENT CARER NEEDS ASSESSMENT

For children and young people aged 0-18

DO YOU.....

Provide or arrange care for someone who struggles to cope without your support?



Do you do this more than 35 hours per week?

If you do then you are considered a carer and could be entitled to help and support to make your life easier

What is a parent carer needs assessment [PCNA]



- ❖ The aim of this assessment is to give parents/carers the chance to tell the Royal Borough of Greenwich about the things that could make looking after your disabled child easier for you
- ❖ If your child is aged 14+ at the time of the assessment, there may be a plan around their transition to adult services

What will the assessment cover?

We will look at how your caring responsibilities may affect you.











We will look at options for support, advice and assistance across all services in the council and beyond



Who will complete my assessment?

It will be completed by a worker from the family and adolescent support service [FASS] or children's social care. We will arrange a home visit to meet with you face to face

What we will explore in the assessment?

- ❖ How your caring responsibilities may affect you- what are your support needs? 
- ❖ Do you have any difficulties when providing care? 
- ❖ Do your caring responsibilities impact you emotionally or physically? 
- ❖ What caring tasks you do and how you feel about doing them? 
- ❖ Do you get enough time for yourself? For example, to meet other people 
- ❖ Does caring affect your relationship with others? 
- ❖ Does being a carer impact your work or education? 
- ❖ What are your wishes for the future? 



Other information, advice and support services in Greenwich include:

- ❖ Greenwich parent carer participation forum
- ❖ Greenlights parent support group [for parents of children with ASD and ADHD]
- ❖ Greenwich carers centre
- ❖ Young Greenwich
- ❖ Health visiting
- ❖ Greenwich Down Syndrome group
- ❖ National Autistic society
- ❖ You can also call Carers UK on 0808808 7777

For more information about support available in Greenwich for carers and children with additional needs, please visit the greenwich local offer -

<https://www.greenwichcommunitydirectory.org.uk/kb5/greenwich/directory/localoffer.page?localofferchannel=o>

For additional information regarding PCNA's, please visit the Greenwich local offer.



THE PROCESS

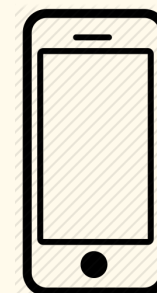
We aim to complete a PCNA within a maximum 45 days

The aim of the assessment is to give you an opportunity to be heard and explore universal, targeted or specialist support available to you and/ or your child

HOW DO I REQUEST AN ASSESSMENT?

If you are currently working with children's services you can ask your worker for an assessment

If you are not working with anyone, you can request an assessment by calling **0208 921 3172**



WHAT HAPPENS NEXT?

- ❖ The MASH team will review the referral and consider next steps (with your input)
- ❖ If an assessment is mutually agreed, either the FASS service (if already involved), or a social worker from children services will contact you to commence the assessment.



WHAT WILL HAPPEN AFTER IT'S BEEN COMPLETED?

- ❖ Services maybe identified to support you better to help with your caring responsibilities or manage issues that are important to you
- ❖ You could be signposted to other services in the community who may help such as health services relevant to your child or short breaks for your child to give you a break from caring role.

