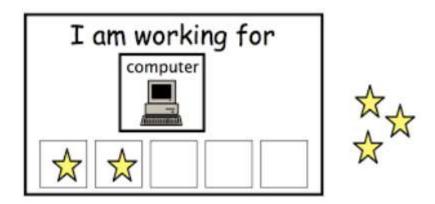
## The 'Working For' board



## **Rewarded Behaviour = Repeated Behaviour**

Autistic children often require meaningful rewards or motivators in order to comply with adult directions. They also tend to be very visual learners, so the 'Working For' board is used to help them visually see their progress towards their reward.

## How to use a 'Working For' board

1. The child chooses from a selection of available **highly motivating reward activities**/items (presented visually) and adds this to the board. Do not offer too many choices as this may become overwhelming.

2. The adult verbally reminds the child what is expected.

e.g. 'If you hold mummy's hand while we walk home you will get a star.' 'If you put your toys back in the box you will earn your next star.'You can re-remind the child if needed; 'I can't give you a star until you brush your teeth.'

3. Each time a token is given, the child is told verbally why they have got it e.g. 'good listening' or 'you did your homework!'

4. Once the child has earned all of their tokens on the board, they take the stars off the chart and swap them for their motivating item.

You can begin by giving the tokens quite quickly, to support the child to engage with the system. Then, over time, you can increase the gaps between giving tokens, as the child is more engaged and can do more.

Tokens can be personalised to the child. In the example above they are stars, but could easily be Marvel logos, or Peppa Pigs – whatever is going to encourage your child. And the reward doesn't have to be big – just something that motivates the child.

Once earned, tokens are *never* taken away for negative behaviour.