

Ready steady go games.

Ready steady go games help develop shared attention between adult and child.

Bubbles

Blow some bubbles and see if the child shows interest, allow him/her to explore and see you blow more bubbles. Begin to say 'ready steady (pause) go' and then blow the bubbles. Repeat sequence. Then after saying 'ready steady wait for the child to indicate to you he/she wants more bubbles, either by making a vocalisation, tapping you with his/her hand or looking towards you, when he/she had done this say 'go' and blow more bubbles.



Try this with other toys/equipment as listed below.

Car runs



Rolling a hoop



Ball runs



- Rolling a car or ball towards child.
- Sliding down the slide.
- Jumping off a suitable height e.g. wooden block.